



Delicious meals anytime, anywhere

2012 Retail Order Form

Mail Order Form and Payment (check or money order) to:
Oregon Freeze Dry, Inc. / Mountain House Retail Division
P.O. BOX 1048, Albany, OR 97321

All orders are to be placed online at www.mountainhouse.com
or by mail order, phone orders cannot be processed.

For Questions, call Toll-Free (877) FOOD-877 (366-3877)

NEW Low Sodium Chicken Alfredo



Ship to Name:									
Physical Address:									
City:					Phone Number:				
State:			Zip:		Email Address:				
Special Instructions:									
Item #	Description	Price	Qty	Total Cost	Item #	Description	Price	Qty	Total Cost
WRAPS					FAMILY SIZE ENTREES				
53116	Buffalo Style Chicken	\$ 6.99			55114	Beef Stew	\$ 11.59		
53182	Chicken Fajita Filling	\$ 6.99			55119	Beef Stroganoff with Noodles	\$ 11.59		
53183	Chicken Salad	\$ 6.99			55127	Lasagna with Meat Sauce	\$ 11.59		
53482	Breakfast Skillet	\$ 6.99			BREAKFAST				
PRO-PAKS					53425	Scrambled Eggs with Ham & Peppers	\$ 5.29		
50105	Rice & Chicken	\$ 6.39			53447	Scrambled Eggs with Bacon	\$ 5.29		
50108	Spaghetti with Meat Sauce	\$ 6.39			53449	Granola with Milk & Blueberries	\$ 4.69		
50114	Beef Stew	\$ 6.39			VEGETABLES				
50119	Beef Stroganoff with Noodles	\$ 6.39			53305	Garden Green Peas	\$ 3.39		
50124	Chicken Teriyaki with Rice	\$ 6.39			53306	Green Beans	\$ 3.39		
50127	Lasagna with Meat Sauce	\$ 6.39			53308	Corn	\$ 3.39		
50128	Chili Mac with Beef	\$ 6.39			SNACKS & DESSERTS				
50134	Sweet & Sour Pork w/Rice	\$ 6.39			53523	Neapolitan Ice Cream	\$ 2.39		
50137	Pasta Primavera (veg)	\$ 6.39			53524	Ice Cream Sandwich	\$ 2.29		
MAIN ENTREES					53541	Raspberry Crumble	\$ 6.89		
53105	Rice & Chicken	\$ 6.99			53542	Blueberry Cheesecake	\$ 6.89		
53108	Spaghetti with Meat Sauce	\$ 6.39			NEW LOW SODIUM ENTREES				
53111	Chicken a la King	\$ 8.09			53197	New Orleans Style Rice w/Shrimp & Ham *	\$ 6.99		
53114	Beef Stew	\$ 6.99			53198	Chicken Alfredo	\$ 8.09		
53119	Beef Stroganoff with Noodles	\$ 6.99			53199	Chicken & White Bean Chili *	\$ 8.09		
53124	Chicken Teriyaki with Rice	\$ 8.09			* Items 53197 & 53199 - Will be available for ordering April 15th				
53127	Lasagna with Meat Sauce	\$ 6.99			SPECIALTY ITEMS				
53128	Chili Mac with Beef	\$ 6.39			0080705	Just in Case... 72 Hour Kit	\$ 55.60		
53131	Noodles & Chicken	\$ 6.99			20657	Mountain Oven, 5 uses per kit	\$ 13.10		
53134	Sweet & Sour Pork w/Rice	\$ 8.09			Subtotal				
53135	Turkey Tetrazzini	\$ 6.99			Shipping Charges (see below)				
53137	Pasta Primavera (veg)	\$ 6.99			Grand Total				
53143	Seafood Chowder	\$ 7.39			<p>SHIPPING CHARGES: For MAIL IN orders please use 15% of your total order for freight (see example below)</p> <p>Freight Charge Example: Your Subtotal is \$46.83</p> <p>Take \$46.83 x .15 = \$7.02</p> <p>Your Grand Total \$53.85 = \$46.83 + \$7.02</p>				
53144	Mexican Style Rice & Chicken	\$ 7.39							
53158	Macaroni & Cheese (veg)	\$ 6.99							
53162	Potatoes and Cheese with Broccoli (veg)	\$ 5.79							
53170	Chicken Breasts & Mashed Potatoes	\$ 9.29							



Mountain House #10 Cans

Great for Long-Term Food Storage – Shelf-stable for up to 25 years!

Qty	Item #	Description	Servings per Can	Net Wgt per Can(Dry)	Price	Total Cost
MAIN COURSE ENTREES						
	30105	Rice & Chicken	10 - 1 cup	1 lb 5 oz	\$ 22.99	
	30108	Spaghetti with Meat Sauce	10 - 1 cup	1 lb 3 oz	\$ 23.99	
	30111	Chicken a la King	11 - 1 cup	1 lb 9.4 oz	\$ 35.99	
	30113	Vegetable Stew with Beef	9 - 1 cup	1 lb	\$ 28.99	
	30114	Beef Stew	10 - 1 cup	1 lb 1.2 oz	\$ 33.49	
	30119	Beef Stroganoff with Noodles	10 - 1 cup	1 lb 4.2 oz	\$ 26.99	
	30124	Chicken Teriyaki with Noodles	9 - 1 cup	1 lb 4 oz	\$ 29.99	
	30127	Lasagna with Meat Sauce	10 - 1 cup	1 lb 3.2 oz	\$ 34.49	
	30128	Chili Mac with Beef	10 - 1 cup	1 lb 4 oz	\$ 25.49	
	30131	Noodles and Chicken	12 - 1 cup	1 lb 7.6 oz	\$ 31.79	
	30132	Long Grain & Wild Rice Pilaf (veg)	10 - 1 cup	1 lb 4.3 oz	\$ 30.49	
	30134	Sweet & Sour Pork with Rice	10 - 1 cup	1 lb 8.4 oz	\$ 38.79	
	30135	Turkey Tetrazzini	10 - 1 cup	1 lb 1.07 oz	\$ 36.99	
	30137	Pasta Primavera (veg)	11 - 1 cup	1 lb 5.2 oz	\$ 31.99	
	30143	Seafood Chowder	10 - 1 cup	1 lb. 1.8 oz	\$ 38.49	
	30144	Mexican Style Chicken with Rice	10 - 1 cup	1 lb 2.7 oz	\$ 33.99	
	30146	Chicken Stew	10 - 1 cup	1 lb 3 oz	\$ 35.99	
	30158	Macaroni & Cheese (veg)	9 - 1 cup	1 lb 4.4 oz	\$ 28.99	
Breakfasts						
	30425	Scrambled Eggs with Ham & Peppers	17 - 2/3 cup	1 lb 3.4 oz	\$ 34.99	
	30431	Egg Mix, Butter Flavor (uncooked)	50 - 1/2 cup	3 lb 10.3 oz	\$ 59.99	
	30447	Scrambled Eggs with Bacon	16 - 2/3 cup	1 lb 4.3 oz	\$ 31.89	
	30449	Granola with Milk & Blueberries	20 - 1/2 cup	2 lb 7.5 oz	\$ 38.29	
	30482	Breakfast Skillet	10 - 1 cup	1 lb 8.7 oz	\$ 33.99	
Meats						
	30122	Diced Beef, Cooked	15 - 3/4 cup	1 lb 1 oz	\$ 52.49	
	30142	Diced Chicken, Cooked	14 - 3/4 cup	1 lb 1 oz	\$ 48.39	
	30227	Ground Beef, Cooked	18 - 3/4 cup	1 lb 13 oz	\$ 42.49	
Vegetables, Misc						
	30117	Instant White Rice	24 - 3/4 cup	2 lb 10.3 oz	\$ 17.99	
	30305	Garden Green Peas	23 - 1/2 cup	1 lb	\$ 20.99	
	30306	Green Beans	20 - 1/2 cup	5.7 oz	\$ 23.69	
	30308	Corn	22 - 1/2 cup	1 lb	\$ 21.49	
	30584	Crackers, Pilot Bread	67 - 1 cracker	1 lb 14.6 oz	\$ 20.29	
	30235	Creamed Beef	54 - 1/2 cup	2 lbs 14.1 oz	\$ 43.99	
	30552	Cottage Cheese	20 1/2 cup	1 lb 1 oz	\$ 65.39	
Desserts & Snacks						
	30542	Blueberry Cheesecake	12 - 1/2 cup	1 lb 4.7 oz	\$ 24.19	
	30541	Raspberry Crumble	12 - 1/2 cup	15.5 oz	\$ 23.59	
	30331	Sliced Strawberries	16 - 1/2 cup	6.2 oz	\$ 29.50	
	30332	Sliced Banana's	20 - 1/2 cup	14 oz	\$ 25.69	
	99911117	Apple Dices, Plain	33 - 1/3 cup	8.1 oz	\$ 19.00	
	99911118	Apple Dices, Cinnamon	33 - 1/3 cup	8.1 oz	\$ 19.00	
Total (this side only)						