

## Allergen Information

Product	Code	FD & C Yellow										
		Eggs	Peas	Peanuts	Milk	Shellfish	Soy	Tree Nuts	Wheat	Sulfites	MSG	No. 5
Beef Stew	114	No	Yes	No	No	No	Yes	No	Yes	Yes	No	No
Beef Stroganoff	119	Yes	No	No	Yes	No	Yes	No	Yes	Yes	No	No
Breakfast Skillet	482	Yes	No	No	Yes	No	Yes	No	Yes	No	No	No
Chicken Ala King	111	Yes	No	No	Yes	No	No	No	Yes	No	No	No
Chicken Alfredo	198	Yes	No	No	Yes	No	No	No	Yes	Yes	No	No
Chicken and White Bean Chili	199	No	No	No	Yes	No	No	No	No	Yes	No	No
Chicken Fajita Wrap	182	No	No	No	No	No	No	No	No	No	No	No
Chicken Salad Wrap	183	No	No	No	Yes	No	Yes	No	No	No	No	No
Chicken Stew	146	No	Yes	No	Yes	No	Yes	No	Yes	No	No	No
Chicken Teriyaki	124	No	Yes	No	No	No	Yes	No	Yes	Yes	No	No
Chili Mac W/ Beef	128	No	No	No	No	No	Yes	No	Yes	Yes	No	No
Corn	308	No	No	No	No	No	No	No	No	No	No	No
Garden Green Peas	305	No	Yes	No	No	No	No	No	No	No	No	No
Granola w/ Blueberries & Milk	449	No	No	No	Yes	No	Yes	Yes	Yes	No	No	No
Green Beans	306	No	No	No	No	No	No	No	No	No	No	No
Grilled Chicken w/ Mashed Potatoes	170	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Ice Cream Sandwich	524	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Lasagna w/ Meat Sauce	127	No	No	No	Yes	No	Yes	No	Yes	Yes	No	No
Long Grain & Wild Rice Mushroom Pilaf	132	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Macaroni & Cheese	158	No	No	No	Yes	No	No	No	Yes	Yes	No	Yes
Mexican Chicken w/ Rice	144	No	No	No	Yes	No	Yes	No	No	Yes	No	No
Neapolitan Ice Cream Bar	523	No	No	No	Yes	No	No	No	No	No	No	No
New Orleans Style Rice w/Shrimp & Ham	197	No	No	No	No	Yes	Yes	No	Yes	No	No	No
Noodles & Chicken	131	Yes	No	No	Yes	No	Yes	No	Yes	No	No	No
Pasta Primavera	137	No	Yes	No	Yes	No	Yes	No	Yes	No	No	No
Potatoes & Cheddar	162	No	No	No	Yes	No	Yes	No	No	No	No	Yes
Raspberry Crumble	541	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Rice & Chicken	105	No	No	No	No	No	Yes	No	Yes	No	No	No
Scrambled Eggs w/ Bacon	447	Yes	No	No	Yes	No	No	No	No	No	No	No
Scrambled Eggs w/ Ham & Peppers	425	Yes	No	No	Yes	No	No	No	No	No	No	No
Space Ice Cream Saucer	525	No	No	No	Yes	No	Yes	No	Yes	No	No	No
Spaghetti w/ Meat Sauce	108	No	No	No	Yes	No	Yes	No	Yes	Yes	No	Yes
Sweet & Sour Pork w/ Rice	134	No	No	No	Yes	No	Yes	No	Yes	Yes	No	No
Turkey Tetrazzini	135	No	No	No	Yes	No	Yes	No	Yes	Yes	No	No

Allergens identified here include only the Food and Drug Administration's defined major food allergens. We make every effort to ensure that our nutrition and allergen information is complete and up to date. However, because this information may change from time to time, please refer to the actual pouch or can label for the most accurate information available.