When preparing for your next outdoor adventure trip be sure to check the weather forecast, account for how many days and nights you will be gone, and tailor your clothing and gear appropriately.

### Gear
- Day pack
- Map
- Compass
- Pocket knife/multi tool
- Rope/paracord
- Firestarter
- Duct tape
- Whistle
- Fishing gear
- Flashlight
- Trash bags
- Tarp
- Lantern

### Clothing
- Socks & underwear
- Weather appropriate clothing
- Hiking boots/shoes
- Jacket/rain gear
- Hat/sunglasses
- Warm layer
- Swimsuit
- Towel

### Shelter
- Tent
- Sleeping bag/blanket
- Pillow

### Food/Water
- Mountain House!
- Water for drinking and making MH
- Snacks (granola, energy bars, etc...)
- Stove/fuel
- Cooking equipment
- Water filtration system
- Water bottles
- Mess kit
- Coffee
- Camp sink

### Hygiene/Documents
- First aid kit
- Sunscreen
- Bug spray
- Prescription medications
- Permits
- ID
- Toilet paper
- Hand sanitizer
- Toothbrush/paste
- Pain relievers
- Soap/shampoo