



# Emergency Kit



## POUCHES

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- BEEF STEW \_\_\_\_\_
- BEEF STROGANOFF \_\_\_\_\_
- CHICKEN TERIYAKI W/ RICE \_\_\_\_\_
- LASAGNA W/ MEAT SAUCE \_\_\_\_\_
- CHILI MAC W/BEEF \_\_\_\_\_
- MAC & CHEESE \_\_\_\_\_
- CHICKEN & DUMPLINGS \_\_\_\_\_
- SPICY SW BREAKFAST SKILLET \_\_\_\_\_
- CHICKEN FAJITA BOWL \_\_\_\_\_
- BISCUITS & GRAVY \_\_\_\_\_
- EGGS W/BACON \_\_\_\_\_
- GRANOLA W/ MILK & BLUEBERRIES \_\_\_\_\_
- BREAKFAST SKILLET \_\_\_\_\_
  
- ICE CREAM SANDWICH - VANILLA \_\_\_\_\_
- ICE CREAM SANDWICH - CHOCOLATE CHIP MINT \_\_\_\_\_

### KIT BUILDING GUIDE:

\_\_\_\_\_People x 3 Meals Per Day x \_\_\_\_\_Days of Preparation

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\_\_\_\_\_Pouches Needed

ASSORTMENT MAY VARY BY LOCATION